

YEAR-ROUND YOUTH DEVELOPMENT AND EMPOWERMENT



The Year-Round Youth Development and Empowerment programs funded by OFCY help youth develop leadership skills, contribute to their community, and build friendships while engaging in the arts, technology, entrepreneurship, and sports. In addition to providing enrichment activities, usually in an afterschool setting, programs allow youth to build relationships with adults and mentors. Many of these programs also specifically support specific populations, including foster youth, youth exposed to violence, homeless youth and LGBTQ youth.

Year-Round Youth Development and Empowerment at a Glance

\$3,465,544

invested

9,336

youth served

35

programs

120

sites

Alameda Family Services - *DreamCatcher Youth Services*
 Alternatives in Action - *Life - AIAHS - McClymonds*
 American Indian Child Resource Center - *Culture Keepers*
 Asian Pacific Environmental Network (APEN) - *AYPAL: Building API Community Power*
 Attitudinal Healing Connection, Inc. - *West Oakland Legacy & Leadership Project*
 Bay Area Girls' Rock Camp - *Girls Rock After School Program* and *Girls Rock Summer Camp*
 Bay Area Outreach & Recreation Program - *Sports & Recreation for Youth with Disabilities*
 Boys & Girls Clubs of Oakland - *Educational Programs for the Youth of Oakland*
 Brothers on the Rise - *Brothers, UNITE!*
 Center for Media Change, Inc. - *Hack the Hood Bootcamp*
 Chapter 510 INK - *Dept. of Make Believe*
 College Track - *College Track Oakland*
 Communities United for Restorative Youth Justice - *Homies 4 Justice*
 Community Works West Inc - *Project WHAT*
 Dimensions Dance Theater, Inc. - *Rites of Passage*
 East Bay Asian Local Development Corporation - *Lion's Pride*
 East Oakland Boxing Association - *SmartMoves Education and Enrichment Program*
 East Oakland Youth Development Center - *After School Leadership Academy*
 First Place for Youth - *First Steps Community Resource Center*
 Fresh Lifelines for Youth, Inc - *FLY Leadership Program*
 Health Initiatives for Youth (HIFY) - *Youth Development and Empowerment*
 La Clinica de La Raza, Inc - *Youth Brigade*
 Music is Extraordinary, Inc. - *Preparatory Studies in Music*
 Native American Health Center, Inc. - *Community Wellness Department Youth Services*
 Oakland Kids First - *REAL HARD Youth Leadership*
 Oakland Leaf Foundation - *Love Cultivating Schoolyards*
 Oakland Parks and Recreation - *Oakland Discovery Centers*
 Oakland Public Education Fund - *Media Enterprise Alliance*
 Project Re-Connect Inc. - *Family Connections/Leaders Connect*
 Refugee Transitions - *Newcomer Community Engagement Program*
 Safe Passages - *Get Active*
 Teen Success, INC - *Support Teen Mothers Program*
 Youth Alive - *Teens on Target Youth Leadership*
 Youth Speaks, Inc. - *Arts in Education*
 Youth UpRising - *Queer & Allies Initiative*

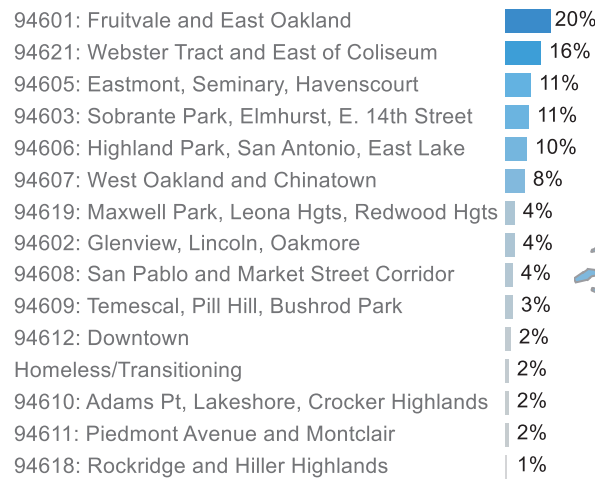
Participants

During FY2016-2017, 9,336 children and youth participated in *Year-Round Youth Development and Empowerment* programs. Key demographic findings are displayed in Exhibit 2 below.

Exhibit 2: Year-Round Youth Development and Empowerment Participants

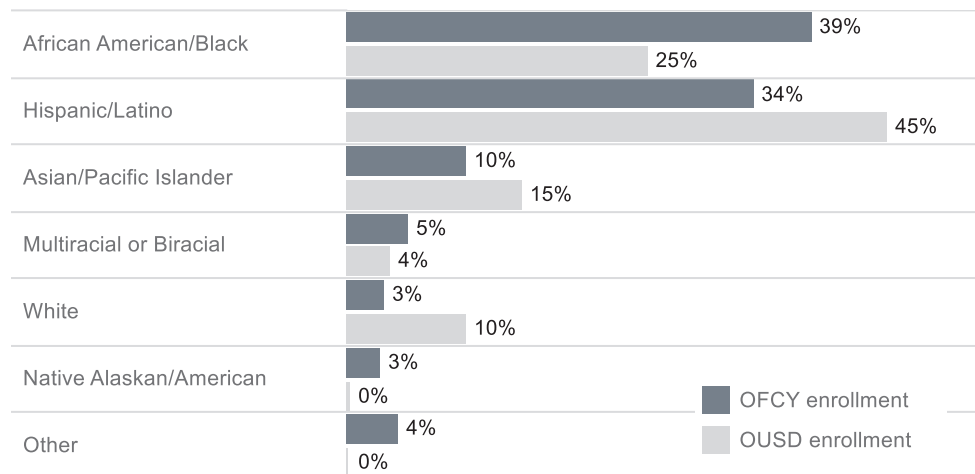
Children and youth came from across Oakland, with the largest proportion coming from the Fruitvale District.

Home zipcode and neighborhood



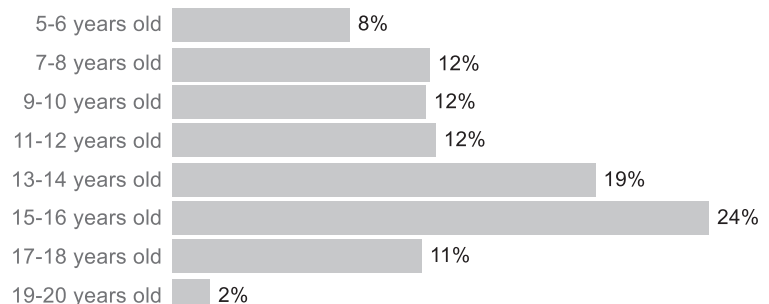
A racially diverse group of children and youth participated in this strategy. Compared to OUSD, these programs served a larger proportion of African American students.

Race/Ethnicity of OFCY participants compared to OUSD students (2016-2017)



While programs served children and youth from age five to twenty, over half of participants fell between the ages of 13 and 18.

Age of participants



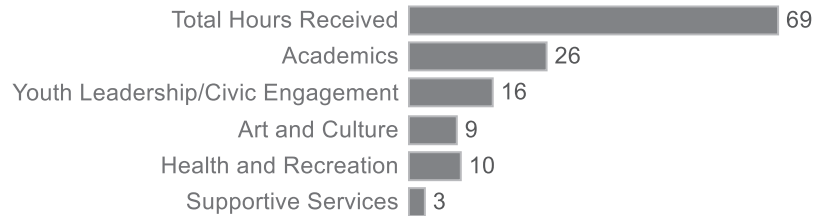
Services

On average, participants in *Year-Round Youth Development and Empowerment* programs received 69 hours of service. Because programs varied in duration from several weeks to year-long, the number of hours youth participated in programs ranged widely, as shown in Exhibit 4.

Exhibit 3: Services Received by Year-Round Youth Development and Empowerment Participants

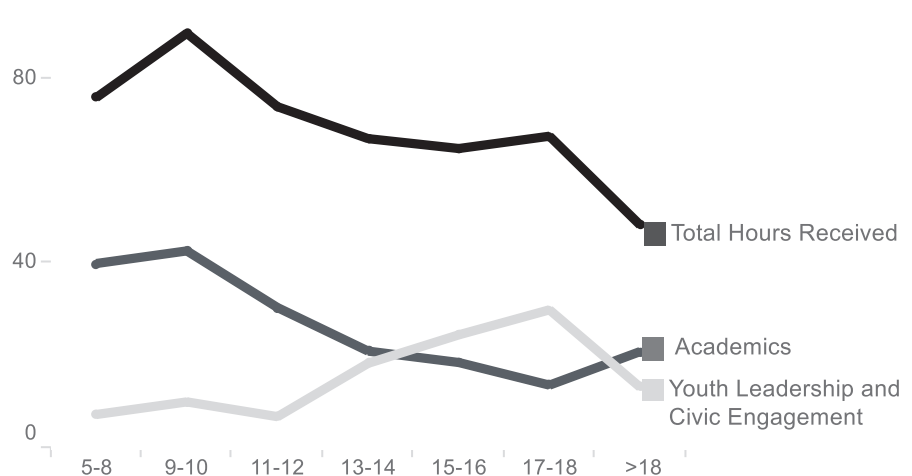
Youth participated in a wide range of activities, spending the most time in academic and youth leadership activities.

Average Number of Hours of Service



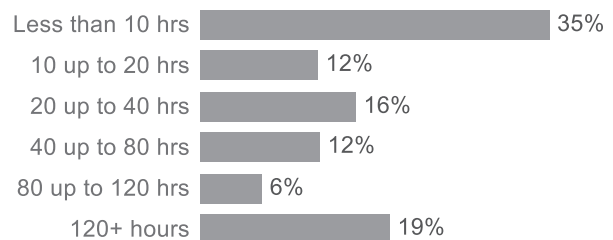
Elementary-aged children spent the most time in programming and were more likely to participate in academic activities. High-school aged youth were more likely to participate in youth leadership and civic engagement.

Hours of Service by Age



The amount of time youth spent in programming varied, with about 20% receiving more than 120 hours of service and one-third participating for less than ten hours.

Distribution of Hours of Service



Sampling of Year-Round Youth Development and Empowerment Activities

Academic:

- Tutoring
- STEM programs
- English classes

Example: Newcomer Community Engagement Program provided home-based tutoring and supplemental summer classes to newcomers.

Art/Culture:

- Music
- Media arts
- Woodworking
- Urban arts

Example: Girls aged 8-18 learned an instrument, formed a band, wrote an original song, and performed at Bav Area Girls Rock Camp.

Leadership & Civic Engagement:

- Facilitating classes & activities
- Peer tutoring
- Youth-led events
- Community revitalization projects

Example: Youth at Homies4Justice organized a reclaiming Cinco de Mayo block party to promote solidarity across different races.

Outcomes

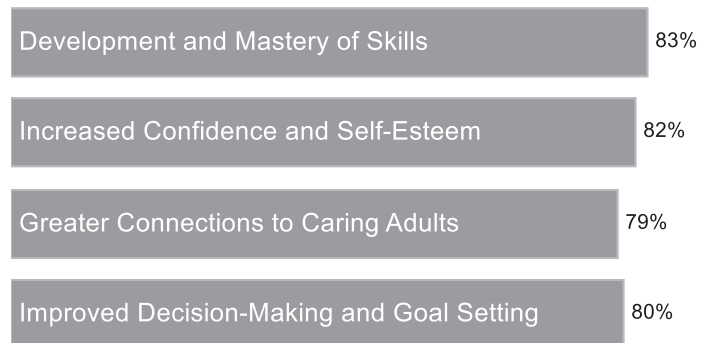
Children and youth survey results reveal participants' assessments of their progress towards youth development and empowerment outcomes. The results, shown in Exhibit 4, indicate that Year-Round Youth Development and Empowerment programs successfully supported youth in these areas.

Exhibit 4: Percent of Youth Agreeing to Questions tied to Youth Development and Empowerment Outcomes

Youth reported strong progress in general youth development outcomes, especially in *development and mastery of skills* as well as *increased confidence and self-esteem*.

In fact, 85% of youth reported that they feel like they belong in their program. Program staff identified the need for supportive staff and team-building among participants to create a safe space for taking healthy risks and developing self-confidence.

Youth Development Outcomes



88%

reported they try new things in the program.

86%

reported that the adults in the program tell them what they do well.

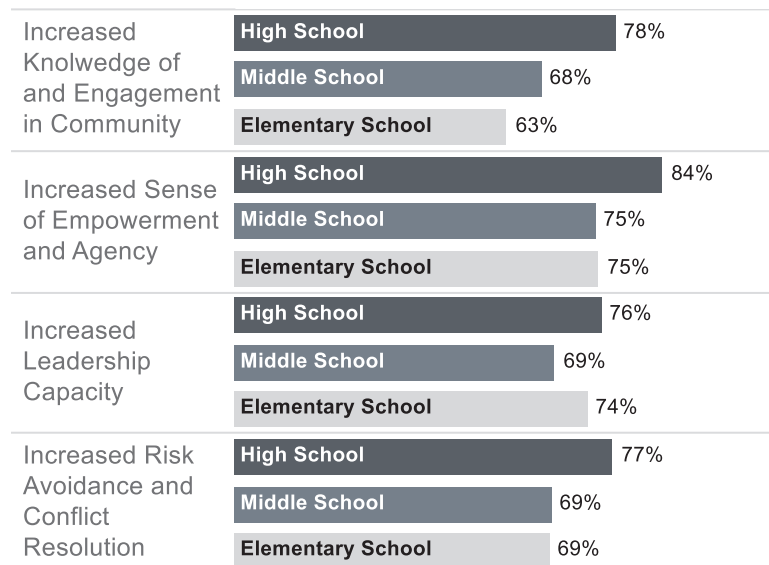
85%

reported that they feel like they belong at the program.

Older youth reported strong progress in youth empowerment outcomes.

These outcomes encompass higher-level developmental tasks, such as community engagement, leadership, and conflict resolution. Many programs prioritized engaging youth in the community to build self-confidence and a sense of empowerment. Youth led community service activities, engaged in advocacy around issues that affect them, organized community events, and mentored younger youth.

Youth Empowerment Outcomes



86%

reported that adults in the program listen to what they have to say.

79%

reported that they feel they can make more of a difference since coming to the program.

79%

reported that they are more aware of what is going on in the community since coming to the program.