

Lotus Bloom

FAMILY RESOURCE CENTER



LOTUS BLOOM DOWNTOWN

www.lotusbloomfamily.org | Lotus Bloom is a 501(c)3 non-profit. 51-0662715



WHO WE **Are**

Lotus Bloom is a **collective of family resource centers** where children aged 0-5 and their parents/caregivers learn, play, gain confidence and find connections to other parents, local resources, and education resources.

Many of our staff are former caregivers who participated in Lotus Bloom playgroups. Our **diverse and dedicated** staff members are thus able to **connect** with families using their educational knowledge, on the job learning, and lived experiences.

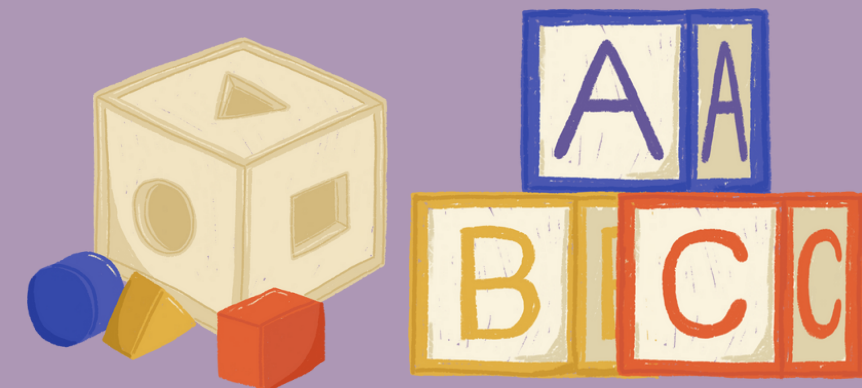
LOTUS BLOOM'S **Mission**

Lotus Bloom's mission is to provide a **safe, welcoming, and inclusive space** to traditionally underserved populations to **come together** as a community to provide children with a **rich learning foundation**.

WHAT IS A Family Resource center?

FAMILY RESOURCE CENTERS PROVIDE:

- **Parent Support** - support groups, workshops, involvement, etc
- **Early Childhood Programs**- playgroups and school readiness
- **Family Mental Health and Wellness** - therapy and counseling services
- **Parent Trainings and Leadership** - curriculum based and leadership training programs
- **Case Management** - referrals, transitions, basic needs, etc
- **Special Needs** - developmental programs and support for families





A GLIMPSE OF Lotus Bloom



<https://www.youtube.com/watch?v=sezvP35VMNk>



Multicultural Playgroups

Lotus Bloom Downtown playgroups are a **safe place** for children, caregivers, and families to **learn and grow**. They are designed to bring families out of isolation and **engage the entire family** in child development, parenting support, referrals, and building parent leadership skills.

Our **daily schedule** includes free play, art, a light snack, circle time and outdoor play.

The playgroups include **monthly enrichment**, such as: story time with a librarian, music, dance, nutrition, wellness activities, yoga, and puppetry.



Fieldtrips & Community Events

Lotus Bloom Downtown provides **fun and engaging fieldtrips** with local organizations and agencies throughout Oakland and neighboring cities, such as: Oakland Zoo, MOCHA (Museum of Children's Art), Arden Wood Historic Farm and Children's Fairyland. Other **community building** activities we provide are potlucks and movie nights.

Lotus Bloom sites cross-collaborate with events, **ensuring inclusivity** with all Lotus Bloom Families. Two Saturdays out of the year, Room to Bloom hosts a **Community Event** inviting the Oakland community to **play, eat, move, and connect with free local resources** in a family friendly setting. The event draws community partners and vendors to participate. Free resources are given out, such as: literacy kits, books, hygiene kits, and other necessities the children and families may need.





Family Navigation

Our Family Navigators aim to **bolster family resilience**, enabling parents to stand strong for their children and entire families. Whether that be connecting families to local resources, navigating social systems or suggesting children's activities, our family navigation team is dedicated in supporting **families strive for a brighter future.**

Our Family Navigators offer: family case management, local and free resources, cross-referrals to other organizations, enrollment to public benefits, wellness checks, developmental screenings, financial support, basic needs and more!



Parent Workshops

Our parent workshops are via Zoom and in-person during playgroups. These workshops are **curated by our own families** and the different types support they **need in their daily lives.**

Some topics we cover: social & emotional learning, child development, nutrition, cooking demonstrations, finance, racial justice & awareness, school enrollment, self-care, health and wellness.

Basic Needs & Financial Support

Our **monthly enrolled diaper distributions** are offered at our Room to Bloom and Lotus Bloom Downtown sites. We offer one diaper box per child, baby wipes, and occasionally other basic need items such as hygiene kits and self-care items.

We support the 94601, 94603, 94605, 94606, 94607, 94609, 94610, 94612 and 94621 Oakland neighborhoods.

Our **Rapid Response Fund** supports families that are facing financial hardship, which puts **cash directly into the hands of families** to meet everyday expenses such as rent, medical bills or groceries.



Parent Leaders

We believe it is **essential** for **parents and caregivers to thrive** in order for their **children to succeed**. We **empower** our parents and caregivers to take **initiative and become leaders** by giving them opportunities to create enrichment projects, take lead in circle time, create parent workshops and coordinate playgroups at a local park or a family friendly setting.

They gain the skills, experience and confidence to apply for careers they resonate with, which includes joining Lotus Bloom!

Fun Fact: the co-founders of Afro-Play are former Parent Leaders!





EVERY CHILD DESERVES A strong start

The first three years of life are *the **most critical*** to a child's future health, social, and academic success. No child should have to face barriers to accessing safe, affirming, and quality care, which is proven to positively impact their lives.

We look forward to connecting with you all. Please do not hesitate to reach out to us for any support, we are here for you and your child(ren). **Together, we can ensure that every child has a strong start in life.**



Lotus Bloom

DOWNTOWN OFFICE

555 19th St, Unit 131

Oakland CA 94612

510-808-7883

PLAYGROUP HOURS:

M/W/TH: 9:30AM-12:00PM

F: 9:30AM-11:00AM

SITE DIRECTOR: MORGAN

Dominic@lotusbloomfamily.org

WEBSITE:

www.lotusbloomfamily.org

YOUTUBE

tinyurl.com/LBVirtual

INSTAGRAM

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LINKEDIN

[@lotusbloom](https://www.linkedin.com/company/lotusbloom)